What Matters Most
Our mission is to create a predictable environment where people pursue healthy relationships that encourage next steps of faith. Our strategy is to encourage relationships defined by accountability, belonging, and care that encourage one another to point people to Jesus.

This Week’s Bottom Line
Honor God with your body.

Discussion Questions
1. **Read Philippians 2:3-4.** How would sexual choices in our culture change if we applied this verse?

2. Matt challenged us to think about our sexual choices from the perspective of “What would love lead me to do?” rather than “How far is too far?” How does this new question shift how you view your sexual behaviors?

3. Matt said, “Past and/or present sexual sin does not negate God’s love for you, but God’s love for you does not negate the consequences of your past and/or present sexual sin.” Can you give examples of how you’ve experienced both sides of this in your life?

4. **Read Proverbs 3:5-6.** Why does every choice we make to obey or disobey God really come back to whether we trust Him? What would cause you to question whether you should trust God?

5. Obeying God is often costly. What are some of the costs associated with obeying God with your sexuality? Why do you believe it’s still worth it?

6. How does saving sex for marriage benefit a marriage?

7. Matt said the first step to controlling your sexual desires is to control your mind. What influence do the things you feed your brain have on your sexual thoughts and choices?

8. If you could give advice to the 16-year-old version of you, what would you tell you about how to manage your sexual behaviors?

9. **Read Ephesians 5:3.** Why do you think God would set the bar so high? What changes do you need to make in your life so that there’s not even a hint of sexual immorality?

Change Your Mind
But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God’s holy people. *(Ephesians 5:3)*

Reading Guide
Choose a reading plan from Bible.com.

Lean Into God
God, help me to honor You with my body.